

# 2014 Level 6-10 Texas State Gymnastics Championships

## COMPETITION SCHEDULE: **FINAL**

**\*\*Updated 3/11/2014\*\***

\*\*All Sessions are Modified Capitol Cup



### **Friday**

- Session 1      Level 7  
Ages: All Age Groups  
Warm Up: 8:00 am    March In: 8:20 am
- Session 2      JO Level 8  
Ages: 11, 12, 13, & 15 (Gymnasts not performing Technical Sequences)  
Warm Up: 12:45 pm    March In: 1:05 pm
- Session 3      JE Optional: Level 8, 9 & 10  
Ages: All Gymnasts performing Technical Sequences  
Warm Up: 5:00 pm    March In: 5:20 pm

### **Saturday**

- Session 4      Level 6  
Ages: 7-8, 9  
Warm Up: 8:00 am    March In: 8:20 am
- Session 5      JO Level 8  
Ages: 14 (Gymnasts not performing Technical Sequences)  
JO Level 9  
Ages: All Gymnasts not performing Technical Sequences  
Warm Up: 12:30 pm    March In: 12:50 pm
- Session 6      JO Level 10  
Ages: All Gymnasts not performing Technical Sequences  
Warm Up: 4:30 pm    March In: 4:50 pm

### **Sunday**

- Session 7      Level 6  
Ages: 11+  
Warm Up: 8:00 am    March In: 8:20 am
- Session 8      Technical Sequences - JE Level 8, 9, & 10  
Ages: All Gymnasts performing Technical Sequences  
Warm Up: 1:00 pm    March In: 1:20 pm
- Session 9      Level 6  
Ages: 10  
Warm Up: 5:30 pm    March In: 5:50 pm



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